

ITEMS	✓
1 Tall furniture is not standing alone without support.	
2 Unstable furniture is attached back to back to each other.	
3 Storage furniture on the wall is secured both to the wall and floor.	
4 Two tiered furniture is attached to each other.	
5 Low partitions are placed in a stable “U” or “H” shape (against toppling).	
6 Office equipment is secured against falling.	
7 Drawers and cabinet doors are made not to come open in an earthquake.	
8 Clocks, picture frames and bulletin boards are securely attached.	
9 Shatter-resistant film is applied on glass.	
10 There are no obstacles or bumps on the floor.	

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ITEMS	✓
11 There are no obstacles on escape routes.	
12 There are no objects on escape routes which may fall.	
13 Exits are easy to recognize.	
14 No objects are placed at emergency access points shown by ▼ marks.	
15 No objects are placed on furniture tops.	
16 Furniture is set in place with no items sticking out or placed high.	
17 No dangerous goods like chemicals and flammables are stored.	
18 No objects are placed under desks.	
19 Drawers and cabinets are not left open.	
20 No “easy-to-fall” objects are placed at windows.	

- Review unchecked items and make your workplace safer.

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When an Earthquake Happens...



- Protect yourself.
- Turn off gas appliances.
- Don't rush outside.
- Follow the directions of your private fire brigade chief or carry out your own duty.

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【10 TIPS FOR EARTHQUAKE SAFETY】

- 1 QUAKE! Protect Yourself First.
- 2 Keep Calm. Check All Fire Sources. Put Out Fire Quickly.
- 3 Keep Calm. Panic May Cause You Injuries.
- 4 Make Sure You Have Ways Out: Open Doors And Windows.
- 5 Keep Away From Gateposts And Walls.
- 6 Stay Away From Fires And Tsunami.
- 7 Get The Right Information. Take The Right Action.
- 8 Make Sure Your Family And Neighbors Are Safe.
- 9 Work Together On Rescue And First Aid.
- 10 Make Sure Electricity And Gas Are Off Before Evacuation.

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